

# Serenity Rehabilitation & Health Center - Activity Calendar

## SEPTEMBER 2022

SUNDAY

MONDAY

TUESDAY

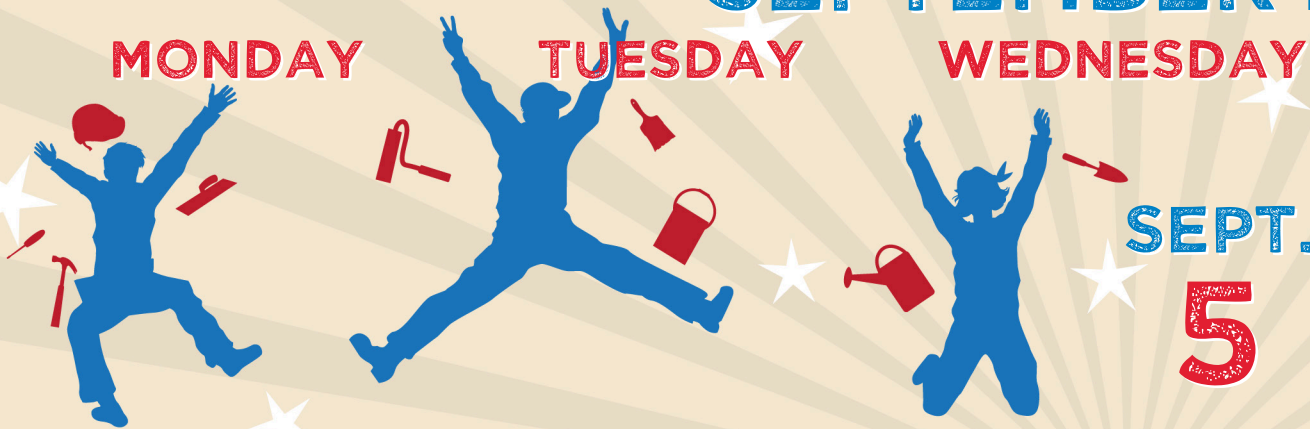
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**HAPPY  
LABOR  
DAY**



<p>9:30 One-to-One Visits <sup>4</sup></p> <p>11:00 Gospel Music-MDR</p> <p>3:00 Music &amp; Coffee @ the Cafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>5</sup></p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The Delta Blues Coffee Cafe -MDR</p> <p>3:00 Bingo Mania-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitations -All Units <sup>6</sup></p> <p>11:00 The Delta Blues Coffee Cafe -MDR</p> <p>3:00 Bingo Mania-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>7</sup></p> <p>10:30 Glamour Hour/Music-U2</p> <p>10:30 Wellness Group-Tucker Road Trails-Md</p> <p>11:00 One-to-One Visits-OU</p> <p>3:00 Bingo Mania-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitations -All Units <sup>8</sup></p> <p>10:30 Musical Encounters-MDR</p> <p>11:00 Traveling with The A-Team</p> <p>3:00 Movies and Popcorn-MDR</p> <p>6:00 Independent Activities</p> <p>8:20 TNF Bills@Rams on (NBC)-Independent</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>9</sup></p> <p>10:30 Dancing to the Oldies-Unit 2</p> <p>11:00 1-1 Visits-All Units</p> <p>3:00 Ice Cream Social-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 1-1 Visitation-AU <sup>10</sup></p> <p>10:30 CINEVAULT Western Theater-MDR</p> <p>2:00 Jack Pot Bingo-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>
<p>9:30 One-to-One Visits <sup>11</sup></p> <p>11:00 Gospel Music-MDR</p> <p>1:00 Jaguars@Commanders on (FOX)-MDR</p> <p>3:00 Music &amp; Coffee @ the Cafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>12</sup></p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The Delta Blues Coffee Cafe -MDR</p> <p>3:00 Jackpot Bingo-MDR</p> <p>6:00 Independent Activities</p> <p>8:15 MNF Broncos@Seahawks on (ESPN)-Independent</p>	<p>9:30 Good Morning !!!! Visitations -All Units <sup>13</sup></p> <p>11:00 The Delta Blues Coffee Cafe -MDR</p> <p>3:00 Name That Tune! (Music Trivia)-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>14</sup></p> <p>10:30 Glamour Hour/Music-U2</p> <p>10:30 Wellness Group-Tucker Road Trails-Md</p> <p>11:00 One-to-One Visits-OU</p> <p>2:00 Residents Food Committee Meeting-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitations -All Units <sup>15</sup></p> <p>10:00 Music&amp;Conversation-U2</p> <p>11:00 Traveling with The A-Team</p> <p>3:00 Movies and Popcorn-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>16</sup></p> <p>10:30 Dancing to the Oldies-Unit 2</p> <p>11:00 1-1 Visits-All Units</p> <p>3:00 Smoothies and music @The Delta Blues Coffee Cafe-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 1-1 Visitation-AU <sup>17</sup></p> <p>10:30 CINEVAULT Western Theater-MDR</p> <p>2:00 Jack Pot Bingo-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>
<p>9:30 One-to-One Visits <sup>18</sup></p> <p>11:00 Gospel Music-MDR</p> <p>1:00 Commanders@Lions on (FOX)-MDR</p> <p>3:00 Music &amp; Coffee @ the Cafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>19</sup></p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The Delta Blues Coffee Cafe -MDR</p> <p>3:00 Jackpot Bingo</p> <p>6:00 Independent Activities</p> <p>7:15 MNF Titans@Bills on (ESPN)-Independent</p>	<p>9:30 Good Morning !!!! Visitations -All Units <sup>20</sup></p> <p>11:00 The Delta Blues Coffee Cafe -MDR</p> <p>3:00 Celebration of Life -MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>21</sup></p> <p>10:30 Glamour Hour/Music-U2</p> <p>10:30 Wellness Group-Tucker Road Trails-Md</p> <p>11:00 One-to-One Visits-OU</p> <p>3:00 Residents Council Meeting-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitations -All Units <sup>22</sup></p> <p>10:30 Musical Encounters-MDR</p> <p>1:00 Rod N Reel Casino Trip (Chesapeake Beach MD)</p> <p>3:00 Movies and Popcorn-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>23</sup></p> <p>10:30 Dancing to the Oldies-Unit 2</p> <p>11:00 1-1 Visits-All Units</p> <p>3:00 Paint and Sip (Arts &amp; Crafts) -MDR</p> <p>6:00 Independent Activities</p>	<p>8:30 Breakfast @Golden Corral (Waldorf MD) <sup>24</sup></p> <p>9:30 1-1 Visitation-AU</p> <p>10:30 CINEVAULT Western Theater-MDR</p> <p>2:00 Jack Pot Bingo-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>
<p>9:30 One-to-One Visits <sup>25</sup></p> <p>11:00 Gospel Music-MDR</p> <p>1:00 Eagles@Commanders on (FOX)-MDR</p> <p>3:00 Music &amp; Coffee @ the Cafe-MDR</p> <p>3:30 Inspirational Spiritual Meditation -(Independent)</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>26</sup></p> <p>10:00 1-1 Bedside Visits-OU</p> <p>11:00 The Delta Blues Coffee Cafe -MDR</p> <p>3:00 Jackpot Bingo-MDR</p> <p>6:00 Independent Activities</p> <p>8:15 MNF Cowboys@Giants on (ESPN)-Independent</p>	<p>9:30 Good Morning !!!! Visitations -All Units <sup>27</sup></p> <p>11:00 The Delta Blues Coffee Cafe -MDR</p> <p>3:00 Residents Monthly Birthday Party-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>28</sup></p> <p>10:30 Glamour Hour/Music-U2</p> <p>10:30 Wellness Group-Tucker Road Trails-Md</p> <p>11:00 One-to-One Visits-OU</p> <p>2:00 Residents Activity Planning Committee-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitations -All Units <sup>29</sup></p> <p>10:00 Music&amp;Conversation-U2</p> <p>11:00 Traveling with The A-Team</p> <p>3:00 Movies and Popcorn-MDR</p> <p>6:00 Independent Activities</p>	<p>9:30 Good Morning !!!! Visitation-AU <sup>30</sup></p> <p>10:30 Dancing to the Oldies-Unit 2</p> <p>11:00 1-1 Visits-All Units</p> <p>11:00 Wal-Mart Shopping Trip</p> <p>3:00 Karaoke &amp; Happy Hour!-MDR</p> <p>6:00 Independent Activities</p>	