

# Serenity Rehabilitation & Health Center - Activity Calendar

January 2020

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Happy New Year

			<p>Happy New Year 2020 <b>1</b></p> <p>10:30 Music Therapy-U2</p> <p>2:00 <b>Bingo Mania Week- MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Grp-U3 <b>2</b></p> <p>10:30 Coffee &amp; Conversation- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Bingo Mania Week- MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy Activity <b>3</b>-U1</p> <p>10:30 Book Club-U3</p> <p>10:30 Music &amp; Movement- U2</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Bingo Mania Week- MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:00 Movie &amp; Popcorn- MDR <b>4</b></p> <p>2:00 <b>Inspirational Praise 1st Baptist Church of Deanwood- MDR</b></p> <p>3:30 <b>Bingo Mania Week- MDR</b></p> <p>4:30 <b>Bills vs. Texans MDR</b></p> <p>8:30 <b>Titans vs. Patriots-OU</b></p>
<p>9:30 One-to-One visits-AU <b>5</b></p> <p>10:30 Fun and Games- U1</p> <p>1:00 <b>Vikings vs. Saints MDR</b></p> <p>1:30 <b>Center Point Church-U1</b></p> <p>3:00 <b>Bible Way Baptist Church-MDR</b></p> <p>4:40 <b>Seahawks vs. Eagles MDR</b></p>	<p>10:30 Coffee &amp; Hot Topics- U1 <b>6</b></p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>11:30 <b>Abner's Casino Trip-MD</b></p> <p>2:00 <b>Dementia Focus Grp-AU</b></p> <p>3:00 <b>Jack Pot Bingo-MDR</b></p> <p>7:00 <b>Worship Service FWBC-MDR</b></p>	<p>10:30 Dessert Making- U2 <b>7</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Horse Racing- MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Cookies- U1 <b>8</b></p> <p>10:30 Aromatherapy- U2</p> <p>10:30 Bean Bag Toss- U3</p> <p>3:00 <b>2 for 1 Wednesday Bingo-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Grp-U3 <b>9</b></p> <p>10:30 Coffee &amp; Conversation- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>10:30 <b>Walmart Trip-Va</b></p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Fun &amp; Games-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy Activity <b>10</b>-U1</p> <p>10:30 Book Club-U3</p> <p>10:30 Music &amp; Movement- U2</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Deal or No Deal-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>9:30 One to one visits- AU <b>11</b></p> <p>10:30 <b>Western Matinee-MDR</b></p> <p>2:00 <b>Inspirational Praise S.D.A. Ft. DuPont Park-MDR</b></p> <p>4:30 <b>TBA vs. 49ers- MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p> <p>8:15 <b>TBA vs. Ravens-MDR</b></p>
<p>9:30 One-to-One visits-AU <b>12</b></p> <p>10:30 Arts &amp; Crafts-TBA</p> <p>3:00 <b>TBA vs. Chiefs-U1</b></p> <p>3:00 <b>Temple of Praise-MDR</b></p> <p>3:00 <b>Praise of Praise Baptist Church-U3</b></p> <p>6:40 <b>TBA vs. Packers-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>9:00 <b>Bingo Rod N Reel-Md 13</b></p> <p>10:30 Coffee &amp; Hot Topics U1</p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>2:00 <b>Dementia Focus Grp-AU</b></p> <p>3:00 <b>Jack Pot Bingo-MDR</b></p> <p>8:00 <b>NCAA Nat'l Championship Clemson vs. LSU -U1</b></p>	<p>10:30 Dessert Making- U2 <b>14</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Dancing to Oldies but Goodies- MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Cookies- U1 <b>15</b></p> <p>10:30 Aromatherapy- U2</p> <p>10:30 Bean Bag Toss- U3</p> <p>3:00 <b>Resident Council Meeting-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Grp-U3 <b>16</b></p> <p>10:30 Coffee &amp; Conversation- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Who want's to be A Millionaire-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy Activity <b>17</b>-U1</p> <p>10:30 Book Club-U3</p> <p>10:30 Music &amp; Movement- U2</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Nutritional Facts Discussion Grp-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>9:30 One-to-one Visits-OU <b>18</b></p> <p>11:00 <b>City of Praise-U1</b></p> <p>2:00 <b>Inspirational Praise Mathew Memorial Baptist Church-MDR</b></p> <p>3:00 <b>Jack Pot Bingo-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>
<p>9:30 One-to-One visits-AU <b>19</b></p> <p>11:00 <b>Worship Service St. Paul Baptist Church-U1</b></p> <p>3:00 <b>NFL Conference Championship Game-MDR</b></p> <p>6:40 <b>NFL Conference Championship Game-MDR</b></p>	<p>10:30 Coffee &amp; Hot Topics <b>20</b> U1</p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>2:00 <b>Dementia Focus Grp-AU</b></p> <p>3:00 <b>Jack Pot Bingo-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Dessert Making- U2 <b>21</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Movies &amp; Popcorn- MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Cookies- U1 <b>22</b></p> <p>10:30 Aromatherapy- U2</p> <p>10:30 Bean Bag Toss- U3</p> <p>3:00 <b>Feeding the Homeless -TBA</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Grp-U3 <b>23</b></p> <p>10:30 Coffee &amp; Conversation- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Grooving to the Oldies-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy Activity <b>24</b>-U1</p> <p>10:30 Book Club-U3</p> <p>10:30 Music &amp; Movement- U2</p> <p>12:00 <b>Gentleman's Club outings-TBA</b></p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>9:30 One-to-one Visits-OU <b>25</b></p> <p>10:30 <b>Movie and Popcorn-MDR</b></p> <p>2:00 <b>Third Baptist Church Bingo-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>
<p>9:30 One-to-One visits-AU <b>26</b></p> <p>2:00 <b>Worship Service Allen A.M.E-MDR</b></p> <p>3:00 <b>Pro Bowl Game NFC vs. AFC-MDR</b></p> <p>3:00 <b>Room visits Little Child Holiness Church</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Coffee &amp; Hot Topics <b>27</b> U1</p> <p>10:30 Wheel Chair Bowling U3</p> <p>10:30 Glamour Hour &amp; Music-U2</p> <p>2:00 <b>Dementia Focus Grp-AU</b></p> <p>3:00 <b>Jack Pot Bingo-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Dessert Making- U2 <b>28</b></p> <p>10:30 Down Memory Lane- U3</p> <p>10:30 Glamour Hour &amp; Music-U1</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>3:00 <b>Birthday Celebration</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy- U2 <b>29</b></p> <p>10:30 Baking Cookies- U1</p> <p>10:30 Bean Bag Toss- U3</p> <p>11:00 <b>Abner's Casino Trip-Md</b></p> <p>3:00 <b>Movies and Popcorn-MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Baking Grp-U3 <b>30</b></p> <p>10:30 Coffee &amp; Conversation- U2</p> <p>10:30 Fun &amp; Fitness- U1</p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>6:00 <b>Celebration of Life- MDR</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	<p>10:30 Aromatherapy Activity <b>31</b>-U1</p> <p>10:30 Book Club-U3</p> <p>10:30 Music &amp; Movement- U2</p> <p>12:00 <b>Women's Social Club Outing-TBA</b></p> <p>2:00 <b>Dementia Focus Grp- AU</b></p> <p>7:00 King &amp; Queen Card Club-U3</p>	